



GAELIC FOOTBALL & HURLING ASSOCIATION OF AUSTRALASIA Inc.

PREGNANCY & SPORT POLICY

PREGNANCY

Everyone bound by this policy must treat pregnant women with dignity and respect and any unreasonable barriers to participation by them in our sports should be removed. We will not tolerate any discrimination or harassment against pregnant women.

While many sporting activities are safe for pregnant women, there may be particular risks that apply to some women during pregnancy. Those risks will depend on the nature of the sporting activity and the particular pregnant woman's circumstances. Pregnant women should be aware that their own health and wellbeing, and that of their unborn children, should be of utmost importance in their decision making about the way they participate in Gaelic Games.

The GFHAA recommends that pregnant women wanting to participate in our sport consult with their medical advisers, make themselves aware of the facts about pregnancy in sport, and ensure that they make informed decisions about participation. We will only require pregnant women to sign a disclaimer if we require other participants to sign one in similar circumstances. We will not require women to undertake a pregnancy test.

The following document contains **comprehensive** health and medical information about pregnancy and sport and we recommend that all members associated with Women's Gaelic Football and Camogie make themselves aware of its content:

www.ausport.gov.au/participating/women/resources/pregnancy

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